Dear Parents and Athletes,

As we prepare for the 2018-2019 school year and a new athletic season, I want to make sure all prospective athletes going into grades 6-12 are aware of the Athletic Participation Physical Evaluation policy. This policy is the same policy held by all other PIAA schools in the state of Pennsylvania.

Participation in athletic competition is intended to develop and strengthen the body and character of the participant; however, participation can also be demanding and strenuous. In order to ensure that there are no obvious illnesses or injuries that could place the athlete at an enhanced risk of injury through the participation in sports, prior to any student participating in any practice, scrimmage, or game, a PIAA Comprehensive Initial Pre-Participation Physical Evaluation form must be filled out.

**Section 1:** Personal and Emergency Information Parent/Athlete Fill Out

**Section 2:** Certification of Parent/Guardian Parent/Athlete Fill Out

**Section 3:** Understanding of Risk of Concussion Parent/Athlete Fill Out

**Section 4:** Understanding of Sudden Cardiac Arrest Parent/Athlete Fill Out

**Section 5:** Health History Athlete Fills Out

**Section 6:** Pre-Participation Physical Examination Doctor Fills Out

Only sections 1-6 are required for participation in fall sports.

**Section 7:** Re-Certification by Parent/Guardian – to be completed by the student and parent/guardian and **signed** by **both** the **student** and the **parent/guardian** prior to participation in a **second sport** (winter sport or spring) for the school year.

**Section 8:** If a student was injured or ill after the original submission of the CIPPE (physical form), they must be re-evaluated by an authorized medical examiner using Section 8. This is required for return to participation.

Students participating in the 2018-2019 school year must have the form filled out **on or after June 1** but **before their first day of practice** of the current year. The physical is good until the end of the school year, regardless of when the physical was taken throughout the year.

A copy of this form can be downloaded off the Athletics page of the school’s website ([www.cbschools.org](http://www.cbschools.org)) If you have any questions, please feel free to call me at 215-391-0309 or email me at [mphilbrick@cbs.edu](mailto:mphilbrick@cbs.edu).

Thank you,

Matt Philbrick

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